

The University of Auckland

Researchers from the Department of Medicine at University of Auckland are looking for adults who are overweight and either know they have prediabetes or would like to be tested for this. Join our PROFAST study testing whether daily probiotic supplements and intermittent fasting prevents type 2 diabetes. We need 44 participants aged 18-65, with prediabetes (HbA1c 41-49), of Maori, Pacific, Indian or New Zealand European ethnicity. If you are interested in finding out more about this study and taking part, please email profast@auckland.ac.nz or call 021 0621 736.



Help us develop safe strategies for the prevention of type 2 diabetes that work in the New Zealand population.